

THE BURLINGTON POST



9.9
Review score by
residents and families
on CareHome.co.uk

The National
Care Awards

29 November
ExCeL, London

We're a finalist!
Care Home of the Year
The Burlington,
Boutique Care Homes

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The Burlington Named as Finalist for Care Home of the Year at the National Care Awards 2024

Boutique Care Homes is delighted to announce that The Burlington has been named a finalist for Care Home of the Year at the 26th National Care Awards. This prestigious recognition celebrates the home's dedication to providing exceptional care and creating an environment where residents feel truly cherished.

Margie Gonzaga, Home Manager at The Burlington, expressed her enthusiasm: "Being named a finalist for Care Home of the Year is a profound honour. Our team works tirelessly to deliver care that goes beyond expectations, creating an environment where every resident feels valued and at home. It's about more than just meeting needs; it's about continually raising the standards, to provide the highest service we can."

At The Burlington, the focus is on creating a supportive and loving environment where residents not only receive top-notch care but also experience a genuine sense of belonging. The recognition as a finalist reflects the heartfelt connections and exceptional quality of care that our team consistently provides.

Ameet Kotecha, Founder and Managing Director of Boutique Care Homes, added: "The Burlington's nomination for Care Home of the Year is a testament to the outstanding work of Margie and her team. Their ability to provide exceptional care, is truly remarkable. It's this extraordinary level of care that defines our approach and sets us apart."

The 26th National Care Awards will be held on 29 November 2024 at the Platinum Suite in London. We are excited to celebrate this milestone and the exceptional contributions of our team at The Burlington.

The Burlington Celebrates Perfect Food Hygiene Rating

The Burlington by Boutique Care Homes is delighted to announce that it has been awarded a 5 out of 5, "Very Good" rating in its recent food hygiene inspection. This prestigious accolade, given by the Food Standards Agency as part of their Food Hygiene Rating Scheme, reflects our unwavering commitment to providing top-quality care and dining experiences for our residents.

The Food Standards Agency (FSA) operates the Food Hygiene Rating Scheme to ensure that food served to the public meets high standards of safety and hygiene. The rating encompasses three critical areas: hygienic food handling, cleanliness and condition of facilities and building, and management of food safety.

The Burlington received a "Good" rating for hygienic food handling, showcasing our meticulous food handling practices during preparation, cooking, reheating, cooling, and storage. We achieved a "Very Good" rating for the cleanliness and condition of our facilities, demonstrating our dedication to maintaining a pristine environment. Additionally, our management of food safety earned a "Very Good" rating, underscoring our commitment to ensuring food safety through effective systems, team training, and the confidence of the food safety officer in our ongoing standards.

Our Head Chef, Bobby Pereira, expressed his pride in the team's accomplishment and the joy he finds in his work, stating, "Achieving this 5 out of 5 rating is a testament to the hard work and dedication of our entire culinary team. I am honoured to create delicious and nutritious dishes for our residents every day."



Pawsitive Impact: Pet Therapy at The Burlington

The residents and team at The Burlington recently enjoyed a visit from Browells Wood Pet Therapy team for some much-enjoyed cuddles with some paw-some four legged friends!



Celebrating Long Service at The Burlington

Congratulations to our team members who have recently achieved long service milestones. Thank you for your ongoing dedication and commitment. The following members of the team have been awarded their 5-Years Service Award from The Burlington:

- ★ Karen Henfrey, Care Companion
- ★ Fatima Zaidi, Care Team Leader
- ★ Sandra Mitchell, Care Companion
- ★ Joanne Jamieson, Care Companion
- ★ Donella Robinson, Trainer

Life Story

The Incredible Story of our Resident: Thomas Stubbs OBE

Thomas Stubbs was born on 12th July 1926 in Newcastle-upon-Tyne. His mother, Lilian M. Bell (née Rumball) and his father, also named Thomas Stubbs, shaped the early years of his life. His father was an engineer, and Thomas was the youngest of five children. Thomas' childhood was not an easy one. His parents separated when he was just six years old, leaving him to live with relatives for a few years. It wasn't until he was around nine or ten that his parents reconciled. Sadly, two years after their reunion, his father passed away.

Thomas attended two schools in Walker, Newcastle, and when war broke out, he was evacuated along with the entire Heaton Technical School to Millom, Cumberland. For two years, he lived with a family there, adjusting to life away from home during the turbulent wartime.

After school, Thomas found work as a clerk at the Theatre Royal in Newcastle, a role he greatly enjoyed. However, in 1944, duty called, and he joined the forces, serving until his discharge in 1948. His next chapter took him into civil service, which led him on remarkable journeys to Germany, India, and Ethiopia. During his time in Ethiopia, he had the honour of hosting royal visits, including those of Queen Elizabeth II and the Duke of Edinburgh. His exceptional work even earned him the title of Officer of the Order of the British Empire.

But the most significant event of his life was meeting Dorothy, who later became his wife. They crossed paths while working in the Civil Service in Newcastle, and in 1951, they married.

Together, they shared a long and happy life until her passing in 1997. Their two children, Paul and Anne, were the light of their lives, and while work often took them abroad, they created many cherished memories together. The family lived in several countries, including New Zealand, Germany, and Ethiopia.

During their travels, Thomas and Dorothy experienced some wonderful and truly unforgettable moments. One of the most profound was meeting His Holiness Pope Paul VI while visiting Rome and Mother Teresa during their time in Ethiopia. These were moments that left a lasting impression on both of them.

In his spare time, Thomas enjoyed exploring the countries where he was posted. He had a passion for music, particularly semi-classical and operatic, and loved reading and watching television programmes about military history and sport.

After his service abroad, Thomas returned to the UK and found a new calling in public service. For 16 years, he served as a local councillor in Spelthorne, even being elected Mayor of the Borough. Family life remained central to Thomas, and his two children blessed him with three granddaughters: Emma, Alexandra, and Laura.

Now residing at The Burlington, Thomas enjoys a somewhat quieter life, surrounded by the things he loves—his family, good food, and the memories of a life well-lived.



Resident Recipe: Audrey Welland's *Welsh Tea Cakes*

 30 mins

INGREDIENTS

- 225g self-raising flour
- Pinch of salt
- 100g margarine
- 50g currants
- 1 medium egg
- 30ml milk

METHOD

1. Mix all the ingredients together
2. Roll out the dough
3. Cut into round circles
4. Place on baking tray
5. Cook in the oven at 180c for 20 minutes



Taking it Back to the 60s in Style

Residents and their loved ones, alongside the team at The Burlington, hit rewind and took a groovy trip back to the 60s! It was a day filled with nostalgia, sing-alongs, great music, and a fun quiz that had all of us reminiscing about the good ol' days. Of course, no 60s celebration would be complete without some delicious retro-inspired food.



I came to The Burlington for a 4-week trial but knew after 4 days that I wanted to stay. The carers are very good. I can enjoy the peacefulness in my room, socialise in any of three lounges, or take part in the activities provided every day. I find the food varied and tasty, and I am very happy here.

Resident

The Burlington Annual Sports Day

The bad weather didn't stop residents and team alike from competing in The Burlington's annual sports day.

They had a lot of fun taking part in a range of activities including indoor basketball, skittles, throw the hoop and many more games!



International Friendship Day

Residents and the team recently celebrated International Friendship Day. They spent the day reminiscing about all the wonderful friendships that have blossomed at The Burlington.

The Burlington Motor Show

The Burlington recently hosted a Motor Show - and it proved to be a huge hit! Our residents loved looking at all the vintage cars and motorbikes, reminiscing about the good old days. And of course, it wouldn't be a Burlington event without a tasty treat! Thank you to everyone who made it a memorable day.



Community Music Festival

In July, The Burlington hosted a Community Music Festival to celebrate 5 Years of Boutique Care Homes. We were thrilled to celebrate the incredible local talent, community spirit, and the joy of music at The Burlington's Community Music Festival. From the electrifying performances to the soulful tunes, every moment resonated with the vibrant musical culture of our community.



Recognition Awards for our Outstanding Team!

Thank you to all of our team members for your ongoing dedication in ensuring the wellbeing of our residents. The winners at The Burlington are:

- ★ **Outstanding Care & Compassion**
Nicola Talbot (Days) & Constance Garwe (Nights)
- ★ **Outstanding Customer Service**
Robin Joy
- ★ **Outstanding Contribution**
Lisa Mills
- ★ **Outstanding Leadership**
Abiir Rosunally
- ★ **Values Ambassador**
Atikul Islam

Summer Competition Winners!



Boutique Care Homes' summer competitions showcased exceptional creativity and community spirit, with impressive entries in hanging baskets, creative planters, and wildlife photography. Residents, families, and team created some truly cherished memories.

- ★ **Hanging Baskets**
The Burlington
- ★ **Creative Planters**
Brampton Manor
- ★ **Wildlife Photography**
Chartwell House

A big thank you to all team members, residents, and families for their enthusiasm and involvement. Your efforts have created lasting memories and rekindled new skills and hobbies among residents. For a full list of special mentions and contributions, please visit our website at boutiquecarehomes.co.uk.

Upcoming Events At The Burlington

October

- **Tuesday 22nd October**
Tap About Town
- **Thursday 31st October**
Halloween Spooktacular

November

- **Saturday 16th November**
Christmas Craft Fayre

December

- **Monday 2nd December**
Christmas Lights Switch On
- **Sunday 15th December**
Santa's Burlington Grotto

For event details and timings or upcoming Relatives and Residents Meetings, please contact The Burlington.

Coffee Connections Every Third Wednesday of the Month (10am - 12pm)

Delicious cakes, hot beverages and a chance to make new friends



**7 Days a Week
Blues and Brews Coffee Drop In**
Refreshment breaks for busy healthcare professionals and emergency services

**Dementia Friends Cinema Club
First Friday of the Month (2:30pm - 4:30pm)**
Reminisce and unwind, watching timeless classics, evoking fond memories.



THE BURLINGTON

BY BOUTIQUE CARE HOMES

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