

THE CHARTWELL POST



10
Review score by
residents and families
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Chartwell House Announced as Finalists at the 9th Annual Kent Care Awards

Chartwell House by Boutique Care Homes is a finalist for "Residential Care Team of the Year", celebrating our team's dedication to exceptional resident care.

The Kent Care Awards celebrate excellence in the care sector, honouring individuals and teams who have made significant contributions to enhancing the lives of those they support. This year's event promises to be an evening of recognition and celebration for the dedicated professionals who work tirelessly to provide exceptional care throughout Kent.

Home Manager Diane Collins expressed her pride in the Chartwell House team: *"I am incredibly proud of our team at Chartwell House for being recognised as a finalist for Residential Care Team of the Year. This nomination is a testament to their unwavering dedication, compassion, and commitment to providing the highest quality of care to our residents. Every member of our team works tirelessly to create a supportive and nurturing environment, and I am thrilled to see their hard work acknowledged in this way."*

Founder and Managing Director Ameet Kotecha also shared his excitement: *"Being named a finalist at the Kent Care Awards is a significant achievement for Chartwell House and the entire Boutique Care Homes family."*

It reflects the passion and excellence that our team brings to their work every day. We are committed to enhancing the lives of our residents through outstanding care and support, and this recognition underscores our mission to make a positive impact in the care sector."

The Kent Care Awards provide a platform for celebrating the successes and dedication of care professionals across the county. As a finalist, Chartwell House stands out for its exceptional teamwork and the ability to enhance the lives of its residents through compassionate and effective care.

The awards ceremony, hosted by the Kent Integrated Care Alliance (KiCA), took place on Friday, 13th September 2024, at the Mercure Great Danes Hotel. While we didn't come away with the overall win this year, we are so proud and humbled to have been one of just 6 teams shortlisted out of 400 entries in the Residential Care Team of the Year category.

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Chartwell House's Seniors Folk Concert Touches Hearts and Grows in Popularity

The second annual Seniors Folk Concert, hosted by Chartwell House in collaboration with Folk Week, has once again proven to be an overwhelming success, drawing over 50 attendees and delivering a day filled with music, joy, and community spirit. Building on the popularity of last year's event, this year's concert touched the hearts of everyone present, with even band members moved to tears during their performance.

The concert was a heart-warming and at times amusing affair, bringing together residents, families, and the wider community in a celebration of inclusivity and the power of music. Special attention was given to ensure that all attendees, including those in wheelchairs, could fully participate, with many joining in the special dances that added an extra layer of fun and connection to the day.

Sharon Putney, who attended with her godmother, shared her experience, saying: *"The Gentle Ceilidh was perfect for my godmother. She can get anxious in crowds, but there were plenty of people to dance with and space around them."*



Chartwell House resident Edith Newman perfectly summed up the event's impact, exclaiming, *"This is the best time of my life."* Her heartfelt comment reflected the deep joy and connection felt by many attendees, particularly those living with dementia. The event was a touching reminder of the positive effects such gatherings can have on individuals and their families. Another resident, Joyce Moody, added, *"Everybody was friendly and very happy!"* This sentiment underscored the warm and inclusive atmosphere that defined the day.

The concert, now an integral part of Folk Week, continues to demonstrate the impact that thoughtfully planned, inclusive events can have on enhancing the lives of those living with dementia and their families.

Chartwell House Shortlisted as Finalist in Dementia Friendly Kent Awards 2024



Chartwell House by Boutique Care Homes is proud to announce that it has been shortlisted as a finalist in the prestigious Dementia Friendly Kent Awards 2024. The home has been nominated in the highly competitive category of "Most Inspiring Dementia Care Provider Award."

Finalists in this category must consistently demonstrate a commitment to national and local dementia best practice initiatives, significantly enhancing the quality of care. Additionally, they must provide evidence of overwhelmingly positive feedback from residents and their families, highlighting the compassionate and effective care delivered by the Chartwell House team.

The Dementia Friendly Kent Awards have been recognising outstanding contributions to dementia care since 2014. Organised by the Kent Dementia Action Alliance in association with Kent County Council and the NHS, these awards honour individuals and groups dedicated to improving the lives of those affected by dementia. This year, the awards ceremony will be held on October 21, 2024, at Valley Park School in Maidstone, as part of the Kent Dementia Showcase event. The winners will be selected by people living with dementia and their supporters, making this recognition especially meaningful.

Life Story

The Incredible Story of our Resident: Patricia Sansby

Born in Canterbury to parents Maurice Snr and Jo Price, Patricia was raised in beautiful Whitstable. She had two brothers, one older than her (Maurice Jnr) and one younger (Richard). Sadly, Maurice passed away when he was fairly young, however Richard now lives in France.

Patricia's father was in the Navy and after growing up in Whitstable, he was moved to Suffolk. Patricia went with him, however she disliked living in Suffolk compared to Whitstable. Whilst there, Patricia's parents strongly encouraged her to go to college and complete her GCE's. After 4 years, Patricia finished college and her family moved back to their family home in Whitstable.

Patricia had studied shorthand typing at college and when she returned to her family home, she applied for a job in Herne Bay with the Ministry of Pensions and Benefits. Other applicants went for the role, however due to Patricia having the GCE's in shorthand, she pipped them to the post. Patricia recalled her first day when she was shown to her own office overlooking the sea. She "couldn't believe her luck" as she was only 17 years old at this point. After 6 years in this role, Patricia decided to make a change and applied for a transfer to the Ministry of Defence. In her interview, she was asked where she would like to be posted, and she told them she would like to go somewhere in the Middle East. Shortly after, Patricia was sent to work in Baghdad. She was given her own flat and whilst out there she was well-supported and looked after.

Patricia lived there for a couple of years until 1967 when the Middle East war broke out. She was collected on a bus and taken to Iran so they could fly her home. All they were allowed was one suitcase, and whilst in Baghdad, she had purchased some lovely material for her wedding dress, which was all she could fit into her suitcase, meaning she had to leave a lot of her belongings behind.

Patricia had met her first husband John on a blind date set up by a friend. They got married when she returned to England and went on to have 3 children: Nick, Natalie and Matt. She now has 7 grandchildren and her son is a paramedic, which she is extremely proud of.

John worked in Saudi Arabia for a while and when Patricia was 7 months pregnant with Nick, she flew out to be with him, having her son out there. They lived out there until Nick was 2 years old and then returned home. Working hours in the Middle East were split days because of the heat. So, you would work in the morning and then go home for a couple of hours, then you would return to work to finish the day. Although Patricia didn't love this way of working, it meant that when John returned home from work, they could take Nick out for the afternoon. As Patricia had been in Saudi Arabia since Nick was born, none of the family had met him, so it was exciting to take him home and introduce them all to him.

Patricia worked extremely hard throughout her life and when she returned home and her children were a little bit older, she ran her own registered play group for 15 years and loved it. Patricia had remarried at this point to a police officer. She now gladly calls Chartwell House her home, and is very settled.



Resident Recipe:

Gerald's Lemon Drizzle Cake



 55 mins

INGREDIENTS

- 225g/8oz unsalted butter, softened, plus extra for greasing
- 225g/8oz caster sugar
- 4 free-range eggs
- 225g/8oz self-raising flour
- 1 unwaxed lemon, zest and juice
- 85g/3oz icing sugar

METHOD

1. Preheat the oven to 180C/160C Fan/Gas 4. Grease a 900g/2lb loaf tin with a little butter and line with baking paper.
2. Tip the remaining butter and caster sugar into a food processor and blend for a few seconds. Add the eggs one at a time, blending after each one. Add the flour and lemon zest and blend until smooth.
3. Pour the batter into the lined baking tin, flatten the top with the back of a spoon, and bake for 50–55 minutes.
4. Meanwhile, stir together the lemon juice and icing sugar. When the cake has cooled a little, poke holes in the top using a skewer, chopstick or a piece of raw spaghetti. Drizzle over the icing, set aside for a few minutes, and serve.

New Life-Saving Defibrillator Unveiled by Chartwell House

Chartwell House by Boutique Care Homes is thrilled to announce the successful launch of its new community defibrillator, a crucial addition to the safety infrastructure of Broadstairs.

The unveiling event, held on Tuesday, 23rd July 2024, brought together a vibrant community of residents, their families, and local dignitaries in a heartening demonstration of collective spirit and dedication to public health.



Community defibrillators play a crucial role in saving lives by providing immediate access to life-saving equipment in the event of a cardiac emergency. They enhance emergency response capabilities and contribute to a safer environment for everyone. Thanks to the generous £700 donation from Charles Dickens School and the £1100 raised by Chartwell House through various initiatives, this defibrillator has been made possible.



Everyone has been fantastic during the admission of my Father. All the team show kindness and compassion at a very difficult time for us. The care that dad receives on the memory floor is exemplary. I now have complete peace of mind that dad is being cared for in a safe, caring and secure environment with outstanding team and facilities.

Daughter of Resident

Classic Car Show Unveils Timeless Treasures

Chartwell House Classic Car Show with 107.8 Academy FM Thanet and Ramsgate Classic Car Club was a huge success! Emotional, inspiring, memorable and such fun. A massive thank you to everyone who made it possible. So many beautiful stories recounted from the residents, a beautiful trip down memory lane.



Memory Walk Fundraiser

A selection of the dedicated team at Chartwell House recently took part in the Alzheimer's Society Memory Walk from Ramsgate Boating Pool to Broadstairs. Well done to all who took part, and thank you to those who generously sponsored the team!

A Visit to Herne Bay

A trip down memory lane, requested by some of our residents, to Herne Bay. The trip was full of fun and laughter whilst reminiscing. Fish & chips were enjoyed, whilst sitting by the sea. It is so important to visit places of meaning; places where our residents can reminisce, and enjoy not only a fun-filled day, but also a day of reflection, sunshine and fresh air.



Fun in the Sun at Chartwell House

Residents and the team alike had a great day at the Chartwell House Annual Summer Fair! It was a fun-filled day, packed with family-friendly activities including hook-a-duck, coconut shy, ring toss, bouncy castle, face painting, fabulous tombola and a mouth-watering barbecue!



Recognition Awards for our Outstanding Team!

Thank you to all of our team members for your ongoing dedication in ensuring the wellbeing of our residents. The winners at Chartwell House are:

- ★ **Outstanding Care & Compassion**
Taylor Jane Bovington (Days) & Puneet Kaur (Nights)
- ★ **Outstanding Customer Service**
Heidi Lee
- ★ **Outstanding Contribution**
Alex Mahoney
- ★ **Outstanding Leadership**
Cheyenne Mahoney

Summer Competition Winners!



Boutique Care Homes' summer competitions showcased exceptional creativity and community spirit, with impressive entries in hanging baskets, creative planters, and wildlife photography. Residents, families, and team created lasting, cherished memories.

- ★ **Hanging Baskets**
The Burlington
- ★ **Creative Planters**
Brampton Manor
- ★ **Wildlife Photography**
Chartwell House

A big thank you to all team members, residents, and families for their enthusiasm and involvement. Your efforts have created lasting memories and rekindled new skills and hobbies among residents. For a full list of special mentions and contributions, please visit our website.

Upcoming Events At Chartwell House

October

- **Friday 11th October**
Wear It Pink Fundraiser
- **Thursday 31st October**
Halloween Spooktacular

November

- **Tuesday 5th November**
Fireworks Fiesta

December

- **Monday 2nd December**
Christmas Lights Switch On
- **Saturday 21st December**
Chartwell's Winter Wonderland

For event details and timings, please contact Chartwell House.

Nostalgia Café

1st Monday of Each Month (11:30am - 1:30pm)

Delicious cakes, hot beverages and a chance to make new friends



Daily (8am - 5pm)

Refresh and Respond Coffee Drop In

Refreshment breaks for busy healthcare professionals and emergency services

Coffee Connections

3rd Thursday of Each Month (2:30pm - 4pm)

Delicious cakes, hot beverages and a chance to make new friends



CHARTWELL HOUSE

BY BOUTIQUE CARE HOMES

All enquiries:

☎ 01843 260 833

🌐 boutiquecarehomes.co.uk

📍 26 Draco Drive, Off Star Lane, Broadstairs. CT9 4FY

@ChartwellHouseCareHome

